

## DST - Trading Hours Schedule

To view the full year schedule, [click here](#).

Please find below LMAX Exchange trading hour adjustments for the three-week period following the change in the UK from GMT to BST on 30th March 2025 and the subsequent change in the US from EST to EDT on 9th March 2025.

Products affected	Trading hours (GMT)	Trading hours (EDT)
FX	21:05 Sun – 21:00 Fri (except 21:00 – 21:05 daily)	17:05 Sun – 17:00 Fri (except 17:00 – 17:05 daily)
Gold, Silver	22:00 Sun – 21:00 Fri (except 21:00 - 22:00 daily)	18:00 Sun – 17:00 Fri (except 17:00 – 18:00 daily)
China A50, China H Shares, Europe 50, France 40, Germany 30, Hong Kong 50, Japan 225, Netherlands 25, Singapore 20, Switzerland Blue Chip, Taiwan RIC Capped, UK 100, US SPX 500, US Tech 100, Wall Street 30	22:00 Sun – 21:00 Fri (except 21:00 -22:00 daily)	18:00 Sun – 17:00 Fri (except 17:00 – 18:00 daily)
Spain 35	07:00 – 19:00 (Mon – Fri)	03:00 – 15:00 (Mon – Fri)
Australia 200	21:50 Sun – 21:00 Friday (except 21:00 – 21:50)	17:50 Sun – 17:00 Fri (except 17:00 – 17:50 daily)

Please note the hours above are subject to change.

Exchange operations: +44 20 3192 2654 | [ops@LMAX.com](mailto:ops@LMAX.com)

LMAX Exchange is a trading name of LMAX Limited, and LMAX PTE. Limited. LMAX Limited operates a multilateral trading facility, authorised and regulated by the Financial Conduct Authority (firm reference number 509778) and is a company registered in England and Wales (number 6505809). LMAX PTE. LTD is a Market Operator (RMO) regulated by the Monetary Authority of Singapore (MAS) and is a company registered in Singapore (registration number 201401552M). LMAX Exchange is part of the LMAX Group, registered address: Yellow Building, 1A Nicholas Road, London W11 4AN.